

### Care Management

As the health care market continues to shift toward value-based, outcomes-driven care, so too must care management models evolve. Effective, efficient care management is the result of design, planning and appropriate staffing, supported by robust clinical workflow processes and data technology solutions. How effective are your existing care management programs? Are the appropriate disease management programs actively monitored? What short-term clinical interventions will immediately close quality gaps for your health system or health plan?

At COPE Health Solutions, our multidisciplinary team of clinical and industry experts help clients understand their unique care management model requirements and develop strategies to meet the demands of their patients to ensure future success.

## KEY COMPONENTS OF CARE MANAGEMENT

We enable organizations to provide care management solutions that address the individual needs of the populations they serve and to understand the current patient experience across the continuum of care, focusing on:

- Identification of members in the population
- Risk stratification to determine which members your team can positively impact
- Logic to determine the right resources and level of care for each member
- Evidence-based integrated care models and staffing design
- Comprehensive network of clinical and non-clinical providers
- Integrated IT platform providing decision support and cross-network care
- Customized program evaluation metrics and key performance indicators

#### **OUR APPROACH TO CARE MANAGEMENT**

#### ASSESS



We perform current-state assessments and identify system and program gaps related to technology, data, resource utilization, care interventions, and access to provider and community based organization and networks

#### ANALYZE



We analyze available data to identify opportunities that leverage and improve existing care management infrastructure and economies of scale to enable medical spend optimization

#### DESIGN



We use population-specific program design, financial modeling, care model integration, and workforce design to recommend comprehensive strategies aimed at maximizing return on investment and achieving key health outcome targets

#### **IMPLEMENT**



We implement strategies to help support the care management infrastructure and identify continuous quality improvement programs and other innovative models to achieve the Triple Aim™

# **COPE Health Solutions** is a national leader in helping health care organizations succeed amid complexity and uncertainty

COPE Health Solutions helps providers and payors thrive in the emerging pluralistic payment environment, allowing them to achieve visionary, organizationally relevant results. The firm has expertise in all aspects of population health, strategy, delivery system development, payment systems reform, workforce development, and value-enabling services, including peerless analytics and performance improvement.

Our multidisciplinary team of health care experts provides our clients with the experience, capabilities, and tools needed to plan for, design, implement and support both the development and execution of strategy. We partner with our clients through aligned mission and financial incentives to pursue performance excellence in a challenging and rapidly evolving health care environment.

We strive to help our clients build their own internal expertise and capabilities as we work together to provide clear, results-oriented solutions to achieve immediate and long term success.

Contact us at info@copehealthsolutions.com or visit our website to learn more about how we can help with Care Management